



17 Jan 2025

**Awareness on impact of Cleanliness on Mental Health**

**Name of activity** : **Awareness on impact of Cleanliness on Mental Health.**  
**Date** : **17 Jan 2025**  
**Day** : **Friday**  
**Organized by** : **DLLE**  
**Club** : **SENSE Club**  
**Venue** : **Vengurla.**  
**Type** : **Awareness Session**  
**Mode** : **Offline**  
**Number of beneficiaries** : **10**  
**Event co-ordinator** : **Ms. Sheetal S. Samant & Mr. Jatin A. Tekawade**  
**Event advisor** : **Dr Vijay A Jagtap**  
**Beneficiary** : **UG**  
**Days** : **1**  
**Expenses** : **NA**

DLLE UNIT OF SENSE CLUB OF  
**YASHWANTRAO BHONSALE**  
**COLLEGE OF PHARMACY**  
Sawantwadi, Sindhudurg, Maharashtra  
Organizes  
**Awareness Program on Impact of**  
**Cleanliness on Mental Health**  
Friday 17 January 2025,  
Time: 11:30 Am  
Venue: Vengurla, dist. Sindhudurg  
Maharashtra  
Ms. Sheetal Samant  
DLLE Extension  
Teacher  
Mr. Jatin Tekawade  
DLLE Extension  
Teacher  
Dr. Vijay A. Jagtap  
Principal  
YBCP  
yashwantrao\_bhoirao\_college\_of\_pharmacy  
yashwantrao\_bhoirao\_college\_of\_pharmacy  
yashwantrao\_bhoirao\_college\_of\_pharmacy  
yashwantrao\_bhoirao\_college\_of\_pharmacy  
yashwantrao\_bhoirao\_college\_of\_pharmacy

### **Objectives :**

- To raise awareness about the impact of cleanliness on mental health among primary school students.
- To promote good hygiene practices and mental well-being among students.
- To encourage students to develop healthy habits and a positive mindset.

### **About the Activity :**

The awareness program on the impact of cleanliness on mental health was successfully conducted in Vengurla on January 17, 2025. The event was attended by over 50 primary school students from local schools.

The program began with an interactive session, where students learned about the importance of cleanliness and hygiene. They participated in games, quizzes, and activities that taught them about:

- Handwashing and personal hygiene
- Keeping their surroundings clean
- Managing stress and anxiety
- Practicing mindfulness and self-care

The students were enthusiastic and engaged throughout the program, asking questions and sharing their thoughts on cleanliness and mental health.

### **Details of Participants :**

No. Of Participants : 10

## Glimpses of the event:



**Report prepared and approved by :**

Mr. Jatin A. Tekawade  
Event Coordinator

Ms. Sheetal S. Samant  
Event Coordinator

Mr. Vinod R. Biradar  
SENSE Club Head

Dr Vijay A Jagtap  
Convener