

17 Jan 2025

Awareness on impact of Cleanliness on Mental Health

Name of activity : Awareness on impact of Cleanliness on Mental

Health.

Date : 17 Jan 2025

Day : Friday Organized by : DLLE

Club : SENSE Club Venue : Vengurla.

Type : Awareness Session

Mode : Offline

Number of beneficiaries: 10

Event co-ordinator : Ms. Sheetal S. Samant & Mr. Jatin A. Tekawade

Event advisor : Dr Vijay A Jagtap

Beneficiary : UG
Days : 1
Expenses : NA



Objectives:

• To raise awareness about the impact of cleanliness on mental health among

primary school students.

To promote good hygiene practices and mental well-being among students.

To encourage students to develop healthy habits and a positive mindset.

About the Activity:

The awareness program on the impact of cleanliness on mental health was

successfully conducted in Vengurla on January 17, 2025. The event was attended

by over 50 primary school students from local schools.

The program began with an interactive session, where students learned about the

importance of cleanliness and hygiene. They participated in games, quizzes, and

activities that taught them about:

- Handwashing and personal hygiene

- Keeping their surroundings clean

- Managing stress and anxiety

- Practicing mindfulness and self-care

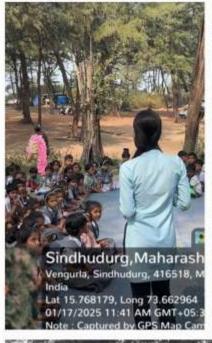
The students were enthusiastic and engaged throughout the program, asking

questions and sharing their thoughts on cleanliness and mental health.

Details of Participants:

No. Of Participants: 10

Glimpses of the event:









Mr. Jatin A. Tekawade Event Coordinator	Ms. Sheetal S. Samant Event Coordinator
Mr. Vinod R. Biradar	Dr Vijay A Jagtap
SENSE Club Head	Convener