

Understanding Body Constitution in Ayurveda 19th October 2022

Venue: YBCP Seminar Hall

Targeted Audience: Diploma in Pharmacy students of YBCP and YBDP









YASHWANTRAO BHONSALE COLLEGE OF PHARMACY



YASHWANTRAO BHONSALE **COLLEGE OF D. PHARMACY**

Training Placement Cell of YBCP & YBDP In collaboration with **RJVS Bhaisaheb Sawant Ayurved** Mahavidyalaya, Sawantwadi

हर घर आयुर्वेद हर दिन आयुर्वेद

"Understanding body **Constitution in Avurveda**"

(आयुर्वेदोत्क देहप्रकृती ज्ञानाची आवश्यकता)

Wednsday, 19th October, 2022 Time: 11.30 to 12.30 pm





Dr.Babasaheb Dattu Patil Principal RJVS Bhaisaheb Sawant Ayurved Mahavidyalaya Sawantwadi



Dr. Vijay A. Jagtap Convenor Yashwantrao Bhonsale College of Pharmacy



Mr. Satyajit P. Sathe Convenor Yashwantrao Bhonsale College of D. Pharmacy



Mr. Omkar M. Pendse Integrated Diploma in Pharmacy Yashwantrao Bhonsale College of Pharmacy



Co-ordinator Yashwantrao Bhonsale College of D. Pharmacy



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Objectives:

- 1. To convey the basics of Ayurveda to the students.
- 2. To provide information about finding the body constitution in ayurveda.
- 3. To educate students in knowing their own unique Ayurvedic body type.

Ayurveda is more than just a popular form of alternative medicine. It is a system of holistic healing unlike any other. Thought to be over five thousand years old, Ayurvedic medicine teaches us to see the world as it relates to the elements or doshas of vata, pitta, and kapha. According to Ayurveda, everyone is born with a mixture of these three doshas. Determining your primary dosha is the first step towards finding your optimal state of balanced, natural health. This involves learning about your relationship with the elements and the unique combinations they create called doshas. So, to introduce our students about their body constitution about ayurveda a guest lecture on "Understanding Body Constitution in Ayurveda" by Dr. Babasaheb D. Patil Sir was arranged by TPO (All Round Development Cell) on 19th Oct. 2022.

About the Program:

The program started by giving a warm welcome to, Dr. Babasaheb D. Patil Sir, Principal RJVS Bhaisaheb Sawant Ayurved Mahavidyalaya and Hon. Dr. Vijay A. Jagtap Sir, Principal of Yashwantrao Bhonsale College of pharmacy, also the welcome was extended to Mr. Satyajit Sathe Sir, Principal



Yashwantrao Bhosale college of D Pharmacy and Mr. Omkar M. Pendse, H.O.D. of Integrated Diploma pharmacy, and all the staff member as well as students present in the seminar hall. Anchoring of the event was done by Ms. Rashmi Naik Mam. Like all other events, to make this event even a blessed one, virtual lamp lightning ceremony was conducted. Also, the Floral welcoming of guest of honor Dr. Babasaheb D. Patil Sir was done by Dr. Vijay Jagtap sir.

Later the program was put forward by Ms. Rashmi Naik Mam who gave brief introduction of Dr. Babasaheb D. Patil Sir and requested him to conduct the informative event. Sir provided all his knowledge and experience to the students and wished them a luck for their future journey. The event was concluded by giving Vote of Thanks by Mr. Omkar M. Pendse.

Statistical analysis:

Sr. No	Category	No. of participants
1.	Students	108
2.	Faculty members	10
	Total = 118	



Glimpses of the event:



Report prepared by:

Ms. Vaibhavi A. Choudhari Event Co-ordinator Dr. Vijay A. Jagtap Principal