

RHM

Prayod Honger



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BASIC LIFE SUPPORT

Date: - 12 December 2022.

Venue: - YBCP seminar hall.

Targeted Audience: - All the members of YBCP.

Guest Of Honour: - Mr. Pravin Sulokar Sindhudurg district disaster management instructor and district swimming coach.



YASHWANTRAO BHONSALE COLLEGE OF PHARMACY, SAWANTWADI

DEPARTMENT OF LIFE LONG LEARNING AND EXTENSION ORGANIZES SEMINAR ON

BASIC LIFE SUPPORT

MONDAY, 12TH OF DECEMBER 2022
Venue- Seminar Hall (YBCP)
TIME - 3:00 PM

GUEST SPEAKER



**MR. PRAVIN SULOVAR
INSTRUCTOR
SINDHUDURG DISTRICT
DISASTER MANAGEMENT**



DR. VIJAY A. JAGTAP
Principal
Yashwantrao Bhonsale
College of Pharmacy



RASHMI H. MAHABAL
DLLE Extension Teacher



DR. ROHAN K. BARSE
Spandan Club Head
Yashwantrao Bhonsale
College of Pharmacy



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Dr. J.
21/11/23



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Rationale: -

Major cardiac arrests occur in places other than the hospitals, especially at homes/public places like railway stations, bus stands/gyms/swimming pools etc. It takes a minimum of 8-10 minutes for the emergency response team (ambulance with equipped AED and trained personnel in conventional CPR) to arrive at the scene of sudden cardiac arrest and collapse. And for every minute of delay in CPR, there is a 10% loss of function in brain and thus the victim's chance of survival also decreases. The bystander could be of immense help in such situations if he is trained in hands-only CPR. 98% of the people in India are not trained in CPR. If the community is trained in hands-only CPR these deaths are preventable. Hence everyone needs to have knowledge and skills on saving a person suffering from cardiac arrest.

Glimpse: -





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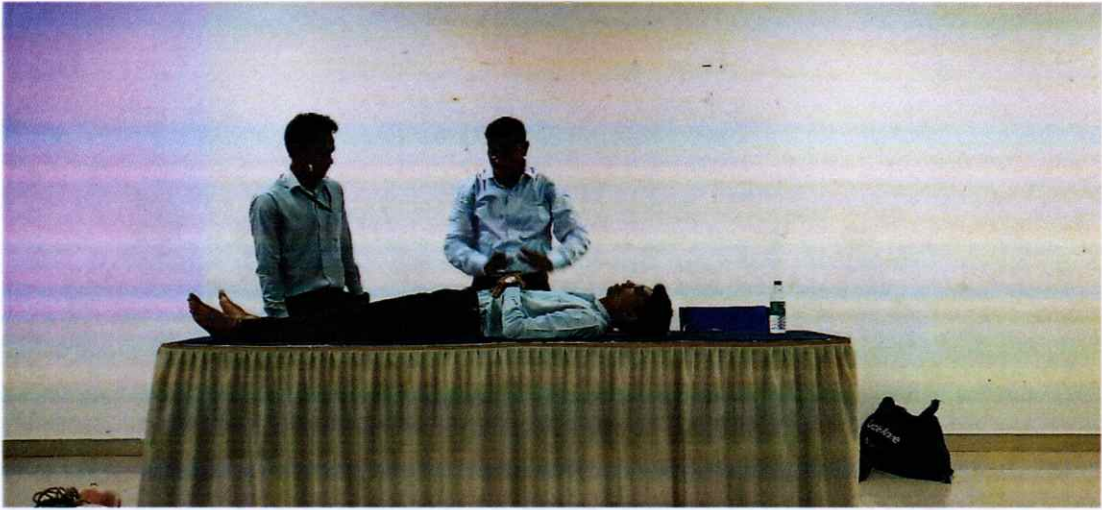


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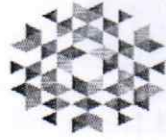
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Sr no	Participants category	Number of participants
1	Audience attended	175
2	Speakers	1
3	Coordinator	1
4	Student in charge	2
5	Members	8

POs attained are: -

- 1) Pharmacy knowledge.
- 2) Planning abilities.
- 3) Problem analysis.
- 4) Modern tool usage.
- 5) Leadership skills.
- 6) Professional identity.
- 7) Pharmaceutical ethics.
- 8) Communication skills.
- 9) Life-long learning.



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Objectives: -

- 1) Life Preservation. When someone is choking or has gone into cardiac arrest, time is of the essence.
- 2) Prevention of Further Illness or Injury.
- 3) Encourage Recovery.
- 4) Pain Alleviation.
- 5) Save the Unconscious.

About the program: - "A seminar on Basic Life Support"

June 1-7 every year is recognized as National CPR and AED awareness week in India. Hence CPR and awareness training program was planned to be given on 12 December 2022. This training programme is conceptualized and initiated by Mr. Pravin Sulokar sir Sindhudurg district disaster management instructor and district swimming coach. The broad objective of the programme is to create a 'community of lifesavers' starting with students of Pharmacy, Teaching staff, non-teaching staff etc. The training intends to equip maximum number of individuals in the community and college with the knowledge and skills appropriate to save the life of a person. By showing hands performance on the model the instructor has given the knowledge about CPR when a person who collapsed due to sudden cardiac arrest. This is based how to handle the sudden emergency situation by "Hands-Only™ (Compression-Only) Cardiopulmonary Resuscitation: A Call to Action for Bystander Response to Adults Who Experience Out-of-Hospital Sudden Cardiac Arrest." The study acknowledges that all victims of cardiac arrest will benefit from delivery of high-quality chest compressions (compressions of adequate rate and depth with minimal interruptions and other basic life support. Therefore, Department of lifelong learning and extension members under the guidance of Dr. Vijay Jagtap sir principal of Yashwantrao Bhonsale college of Pharmacy and Rashmi mahabal mam DLLE extension teacher, has successfully conducted training and awareness programme in a systematic manner starting from the students, teaching staff and non-teaching staff.