



12<sup>th</sup> October 2022

## “ACT FOR ARTHRITIS: IT’S A JOINT EFFORT!”

- ❖ Title : Health Awareness Activity on “Pledge to Act Now Against Arthritis”
- ❖ Organized by : NSS Cell & Sense Club of YBCP Sawantwadi
- ❖ Venue : YBCP’s Seminar Hall
- ❖ Date : 12<sup>th</sup> October 2022
- ❖ Program Coordinator : Mr. Mayuresh R. Redkar
- ❖ Program Advisor : Dr. Vijay A. Jagtap.

**NSS CELL & SENSE CLUB OF**  
**YASHWANTRAO BHONSALE**  
**COLLEGE OF PHARMACY, SAWANTWADI**

Bldg. No. 02, BKC, A/ P: Charathe - Vazarwadi, Tal: Sawantwadi, Dist: Sindhudurg, Maharashtra- 416 510

Organizes  
Health Awareness Event  
**ACT FOR ARTHRITIS: IT'S A JOINT EFFORT !**  
Theme of the event:  
**PLEDGE TO ACT  
NOW AGAINST ARTHRITIS**

**Wednesday, 12<sup>th</sup> October 2022**

Time: 04:00 PM, Venue: Seminar Hall

Targeted Participants:  
Second Year B. Pharmacy & D. Pharmacy Students

 <b>DR. VIJAY A. JAGTAP</b> PRINCIPAL & CONVENER	 <b>DR. ROHAN. K. BARSE</b> SPANDAN CLUB COORDINATOR	 <b>MR. MAYURESH R. REDKAR</b> NSS & SENSE CLUB COORDINATOR	 <b>MS. SUPRIYA B. RAWOOI</b> NSS COORDINATOR
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**Introduction:**

World Arthritis day is a global health awareness event organized every year on 12 October to create awareness about the rheumatic and musculoskeletal diseases, its impact on one's life and educating people the symptoms & preventive measures and guiding for the early diagnosis to cope up any further complications. The National Service Scheme (NSS) unit and Sense Club of Yashwantrao Bhonsale College of Pharmacy Sawantwadi organized health awareness activity on diagnosis, prevention and management of arthritis on 12<sup>th</sup> October 2022.

**Objectives:**

- ✓ To create awareness about Arthritis Disease and its preventive measures.
- ✓ Interaction with the students and staff members and to educate them regarding management arthritis.
- ✓ Preparation and submission of reports.

**About the Program:**

Yashwantrao Bhonsale College of Pharmacy grabbed the opportunity to conduct an awareness activity on diagnosis, prevention and management of arthritis as a part of full bright NSS activity held on 12<sup>th</sup> October 2022, 4:00 Am To 05:00 Pm at YBCP's Seminar Hall. The NSS volunteers were divided into different committees to look after different aspects of the event. Four students visited the clinic of Dr. Avadhut Shirsath sir and took the guidance regarding physiotherapy practice as a prophylactic measures to prevent the risk of arthritis in older age. The program was started with the inaugural movement and verbal welcoming of the dignitaries. Event was graced with the presence of Hon. Dr. V. A. Jagtap sir, Principal, Yashwantrao Bhonsale College of Pharmacy, along Dr. Rohan Barse sir Spandan Club Head of Yashwantrao Bhonsale College of Pharmacy, Mr. Omkar Pendse, HOD Integrated D. Pharmacy and Mr. Mayuresh Redkar Sense

Club Head and NSS Coordinator along with Ms. Supriya Rawool maam, Assistant NSS Coordinator with all the students of YBCP and staff members were present for the event. Theme of event was ‘Pledge to Act Now Against Arthritis’ which was very helpful to students in understanding the facts related to Arthritis, where and how actually it happens and how any one take care to prevent risk arthritis disease.

Dr. R. K. Barse, Spandan Club Head was the Chief Coordinator of this programme. Mr. M. R. Redkar, Sense Club Head and NSS Coordinator of YBCP played a key role in successful organization of the event. The program was conducted at YBCP’s seminar hall during evening session 04:00 Am To 05:00 Pm, Overall program executed by making various teams of students with their specified responsibilities. The event was enthusiastically completed with the contribution of all the students, teaching and non-teaching staff members of YBCP. Throughout the program NSS team of YBCP look after for successful execution of the event. The overall program was well-coordinated by Mr. Mayuresh R. Redkar, Program concluded with a vote of thanks.

**Details of Participants:**

Total Number of Participants: 125

## Glimpses of the Event:



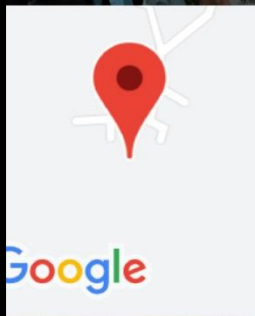
**Inaugural speech by Principal Dr. Vijay Jagtap Sir**



**Demonstration by student volunteers of exercise**



**Students performing the exercise during the session**



**Charathe, Maharashtra, India**

BKC, Building No. 02, A/P Charathe - Vazarwadi, Charathe,  
Maharashtra 416510, India

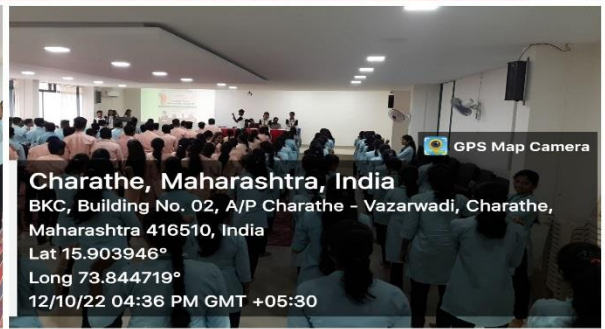
Lat 15.903862°

Long 73.844685°

12/10/22 04:35 PM GMT +05:30

**Student's participation in the program**





Charathe, Maharashtra, India  
BKC, Building No. 02, A/P Charathe - Vazarwadi, Charathe,  
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Lat 15.903946°  
Long 73.844719°  
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Yashwantrao Bhonsale College of Pharmacy, Sawantwadi, Dist: Sindhudurg, MH

As a part of Fit India Freedom Movement and on the occasion of world Arthritis Day NSS Cell and SENSE Club of Yashwantrao Bhonsale College of Pharmacy Sawantwadi organized a health awareness activity that helps to minimize the risk of arthritis. Students of Yashwantrao Bhonsale College Of Pharmacy took the training from renowned physiotherapist Hon. Dr. Avdhit Shirasath sir demonstrated the exercise with the students of YBCP. Hon. Dr. Vijay Jagtap sir addressed the students an... See more

Onkar Nanche, Bhushan Arondekar and 8 others

## Report Prepared & Approved By:

**Mr. M. R. Redkar**  
Event Coordinator

**Dr. R. K. Barse**  
Spandan Club Head

**Dr. V. A. Jagtap**  
Convener