



12th To 21st January 2023

“APADA MITRA: DIGASTER MANAGEMENT CAMP”

- ❖ **Title** : **APADA MITRA: Disaster Management Camp**
- ❖ **Hosted by** : **State Disaster Authority and District Disaster Authority, Sindhudurg.**
- ❖ **Venue** : **Collector Office Sindhudurg**
- ❖ **Date** : **12th To 21st January 2023**

Introduction:

Training jointly organized by State Digester Management Authority (SDMA) and District Digester Management (DDMA) Sindhudurg. The camp was held for 12 days. The professionals from different fraternity like professor, doctors, teacher, government employees, and social worker give their valuable time for students. There was different kind of skills were also demonstrated like Valley crossing, trekkin, Mind mapping games, knots designing. How to handle fire extinguisher, assembling rubber boat & driving of rubber boat, scuba diving etc. Morning Session were with Different Kind of yoga, Zumba, exercise, prayer, etc. The said camp activity was conducted for 12 days around 104 students were participated from various institutions from Sindhudurg district.

About the Program: Day 1 to Day 12 (12/01/2023 to 24/01/2023):

Day 1: Inauguration session & felicitation of guest by representatives. First day first session was conducted by Dr. Devdhar Prasad Sir one of the best motivators. Sir motivates us about journey of life, sir explained us meaning of adult (Luminosity, Asceticism and Readiness) and information about the camp. After that in afternoon section after lunch there is a practical session in which we study about a various knot making procedures by the Mr. Atul Jagtap sir and Prashant Kamble sir like thumb knot, bow line knot chair knot etc. In the evening session a wonderful session by Resident Deputy Collector Dr. Jaikrushna S. Phad sir. Sir share us a lot of experiences in his life they told us lots of stories which motivates us after that we had cultural day practice. Many students participated in dance, drama, skit etc.

Day 2: Started with NCC rules and regulation, how to maintain discipline in the camp and some chapter of NCC like Radio telegraphy etc. After that Mr. Sunil Sulokar sir given a lecture on the basic life support (BLS) in the BLS how to give CPR most entertaining and most important sessions given by the Sulokar sir. Most important because of CPR demonstration which is applicable when individual's heart get stopped.

Day 3: Started with yoga practice followed by NCC training in the said session we learned about the bandage procedure by Mr. Atul Jagtap sir. How to use triangular bandage can be used

as large dressings, as slings to support a limb, or to secure a dressing in place after those types of stretchers and by using available things on spot e.g., how to prepare stretcher and using rope making of stretchers.

Day 4: started with training on the traffic management and crowd management delivered by Mr. Palshetkar sir. After that next session is on the emergency lifting and handling methods were explained and demonstrated under the guidance of Mr. Prathmesh Sawant sir.

Day 5: started with yoga practice followed by first session was on the NCC training on the primary care, roles and responsibilities, community assessment along with basic role of human being during disasters were explained during the session. After that session on human body and system, taken by the Dr. Sandesh kamble and information about blood donation, rear blood group like bombe blood, golden blood and importance of blood donating etc were delivered.

Day 6: started with all morning routine as like previous days after that NCC session on earthquakes, famines, land slide, tsunami, hurricane, lightening, waves, cold wave, waves app, IMD website were conducted followed by demonstration on fire management and information about P.P.E. SUIT were conducted by Mr. Tadavi sir.

Day 7: 7th day of arranged in Malvan for rubber boat rescue and under water training rescue in MTDC malvan. Were how to assemble rubber boat and how to drive is practically training was given in the MTDC and at the end of the day we enjoyed scuba diving.

Day 8: On the eight day of the camp after a breakfast session was conducted by Mr. Kamlesh Chavan on mountaineering techniques, knots making and hitches and after that the case studies were shared.

Day 9: On ninth day studied how to trekking in ghats region and how to cross valley using rope mountaineering techniques and after that we visited Mahadev point which located in Amboli in Western Ghats.

Day 10: On 10th day NCC lecture session was conducted by the Mr. Zanzane on the mineral, biological and chemical hazards followed by a revision of BLS by Mr. Sulokar sir and revision of knots also done at the end of the day.

Day 11: On the 11th day in the morning session Zumba and yoga practice were performed after writing and practical examination in first half was conducted.

Day 12: On the last day i.e. 12th day valedictory session was conducted, certificates distributed to all the participants and farewell is done.

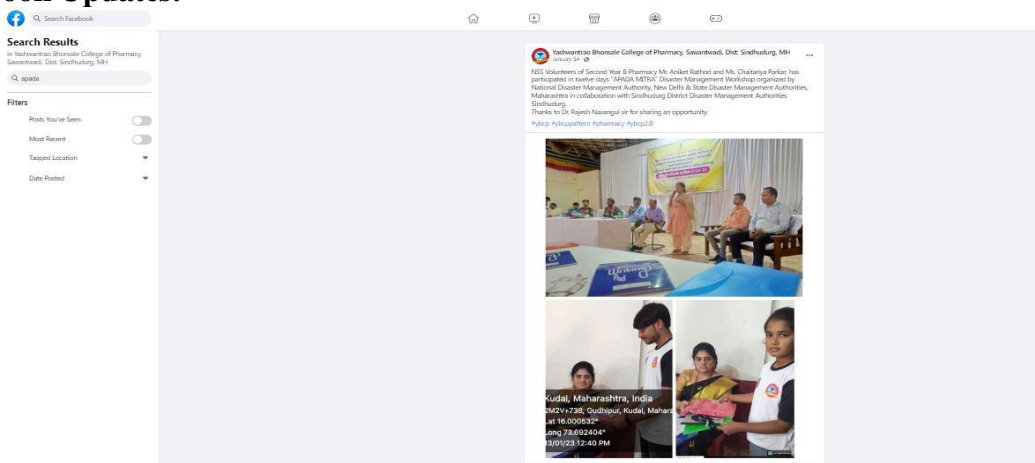
Details of Participants:

Number of Student volunteers: 02

Glimpses of the Event:



Facebook Updates:



Report Prepared & Approved By:

Mr. M. R. Redkar
Event Coordinator

Dr. R. K. Barse
Spandan Club Head

Dr. V. A. Jagtap
Convener