



11th October 2021

INTERNATIONAL GIRL CHILD DAY

- ❖ Academic year : 2021-2022
- ❖ Title : International Girl Child Day
- ❖ Type of event : Awareness webinar
- ❖ Topic : Polycystic Ovary Disease & Healthy Menstrual Practices
- ❖ Organized by : NSS Cell of Yashwantrao Bhonsale College of Pharmacy
- ❖ Mode : Google form , Zoom platform
- ❖ Date : 12th October, 2021
- ❖ Time : 3:15 PM – 4:15 PM
- ❖ Speaker : Dr. Krupa Naik , B.A.M.S.
- ❖ Target group : All the students of Yashwantrao Bhonsale College of Pharmacy
- ❖ Program co-ordinator :
1. Ms . Supriya B. Rawool
2. Mr. Aishwarya A. Parab
- ❖ Program advisor : Dr. Vijay A. Jagtap

Introduction:

Every year, **October 11** is observed as the **International Day of the Girl Child**. The occasion marks the importance of adolescent girl children and attempts at identifying their power and potential by opening opportunities for them. It also aims at amplifying and empowering the voices of adolescent girls around the globe.

Through observing this day, an attempt is made to talk about and eradicate the issues concerning adolescent girl children. Throughout the world, girls face gender-based challenges such as child marriage, discrimination, violence, and poor learning opportunities. International Day of the Girl Child 2021 will observe the theme of ‘Digital Generation. Our Generation.’

Objectives:

1. To highlight the importance of Girl child day.
2. To discuss the health issues that now a days women are suffering from.
3. To understand the detailed about Polycystic ovary syndrome.
4. To discuss about the healthy menstrual practices .
5. To introduce the solutions and therapy for various health issues of women.

About the program :

Virtual live webinar has been organised by **NSS Cell under SENSE CLUB** of **Yashwantrao Bhonsale College of pharmacy, Sawantwadi** for the students of Yashwantrao Bhonsale College of pharmacy in the presence of Hon. Dr. Vijay A. Jagtap sir, Principal of Yashwantrao Bhonsale College of pharmacy on the occasion of ‘International Girl Child Day’(11th October) dated 12th October 2021 at 03.15 pm – 04.15 pm. The speaker for the webinar was **Dr.Krupa N. Naik, B.A.M.S**, Ayurveda consultant at Deendayal Ayurveda Clinic & Panchakarma centre , Bicholim.

The event was started with the good note by virtual lamp lightening. Ms. Supriya Rawool NSS Program officer delivered opening remarks for speaker, faculties and all the students. Dr.Vijay A. Jagtap, Principal of YBCP delivered the welcome address. . Ms. Supriya Rawool NSS Program officer hosted the webinar.

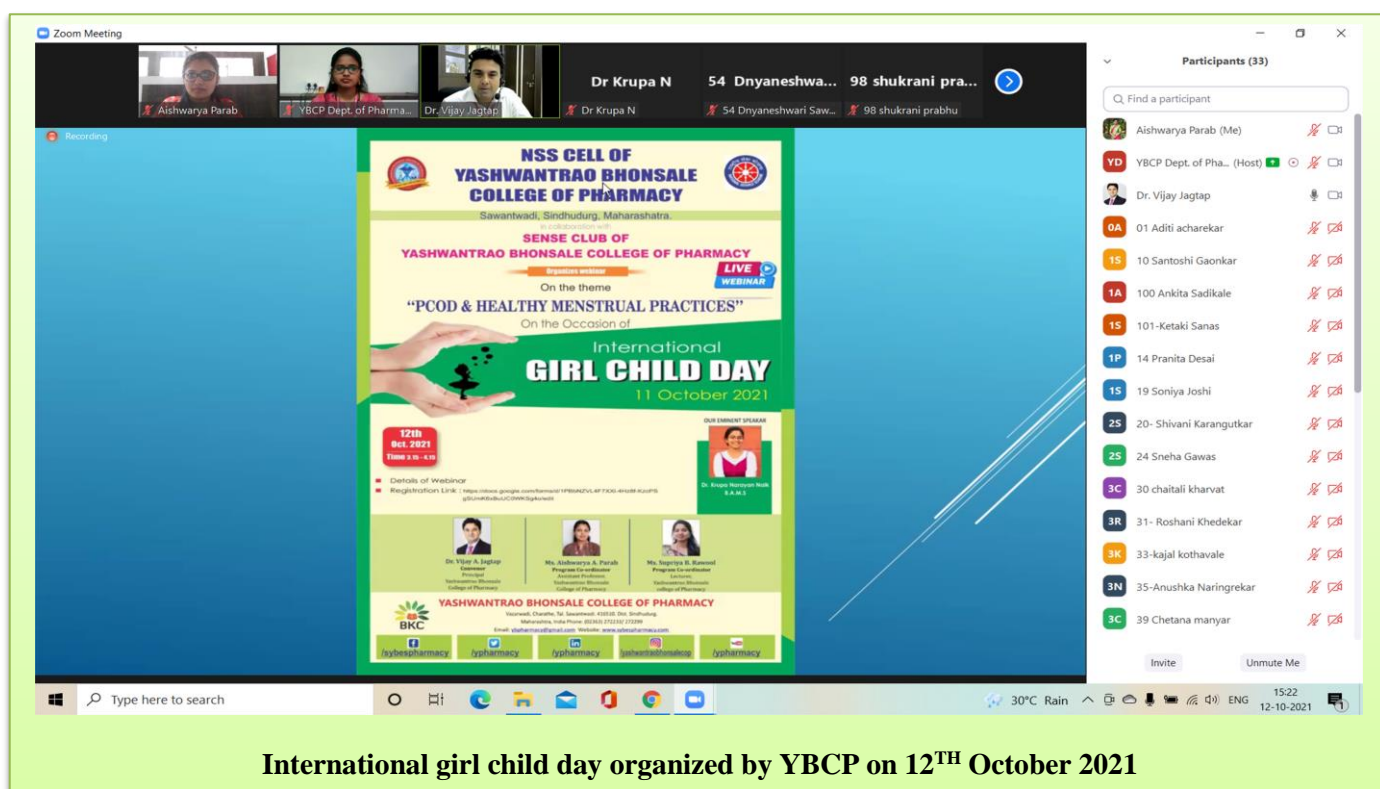
Dr. Krupa Naik gave the details about Polycystic Ovary Syndrome, its causes, symptoms, organs involved in PCOD & major risk factors. She nicely elaborated the concept of Polycystic ovary syndrome and its therapy. Dr. Naik also guided the students regarding the importance of diet in women’s day to day life. She also explained the role of Yogasana and some Ayurvedic therapies in managing the PCOD . All the doubts and queries of the students were solved by Dr. Naik on Polycystic Ovary Syndrome. At the end Ms. Supriya Rawool, NSS Program Officer concluded the session. Ms. Aishwarya Parab, NSS Program Officer delivered the vote of thanks.

The event was conducted through Zoom app. The event was coordinated By Ms. Aishwarya Parab (NSS program officer, YBCP, Sawantwadi) and Ms. Supriya Rawool (NSS Program Officer-Integrated D. Pharmacy, YBCP, Sawantwadi)

Statistical Analysis:

Sr. No.	Category	Number of participants
1	Participants	56
2	Faculty	03
3.	Speaker	01
	Total	60

Glimpses of International Girl Child Day :



International girl child day organized by YBCP on 12TH October 2021



NSS CELL OF YASHWANTRAO BHONSALE COLLEGE OF PHARMACY



Sawantwadi, Sindhudurg, Maharashtra.

In collaboration with

**SENSE CLUB OF
YASHWANTRAO BHONSALE COLLEGE OF PHARMACY**

Organizes webinar

LIVE
WEBINAR

On the theme

“PCOD & HEALTHY MENSTRUAL PRACTICES”

On the Occasion of



International
GIRL CHILD DAY

11 October 2021

12th
Oct. 2021
Time 3.15 - 4.15

- Details of Webinar
- Registration Link : <https://docs.google.com/forms/d/1PBbNZVL4F7XXI-4Hz8f-KzcPSgSUMK6xBuUC0WKSG4o/edit>

OUR EMINENT SPEAKAR



Dr. Krupa Narayan Naik
B. A. M. S



Dr. Vijay A. Jagtap
Convenor
Principal
Yashwantrao Bhoneale
College of Pharmacy



Ms. Aishwarya A. Parab
Program Co-ordinator
Assistant Professor,
Yashwantrao Bhoneale
College of Pharmacy



Ms. Supriya B. Rawool
Program Co-ordinator
Lecturer,
Yashwantrao Bhoneale
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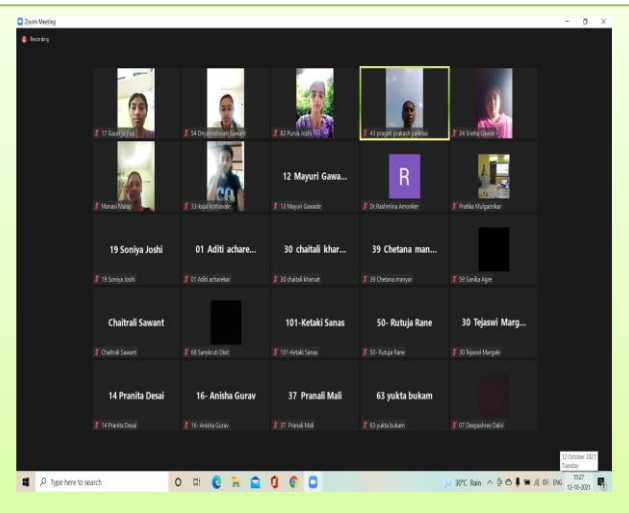
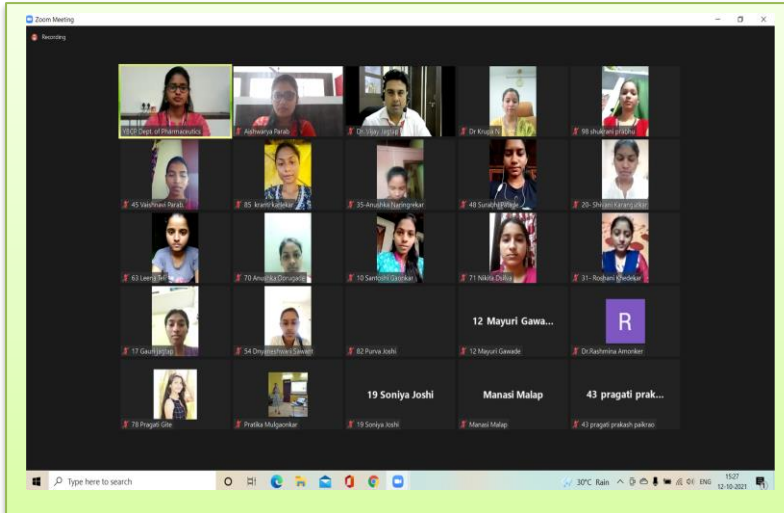
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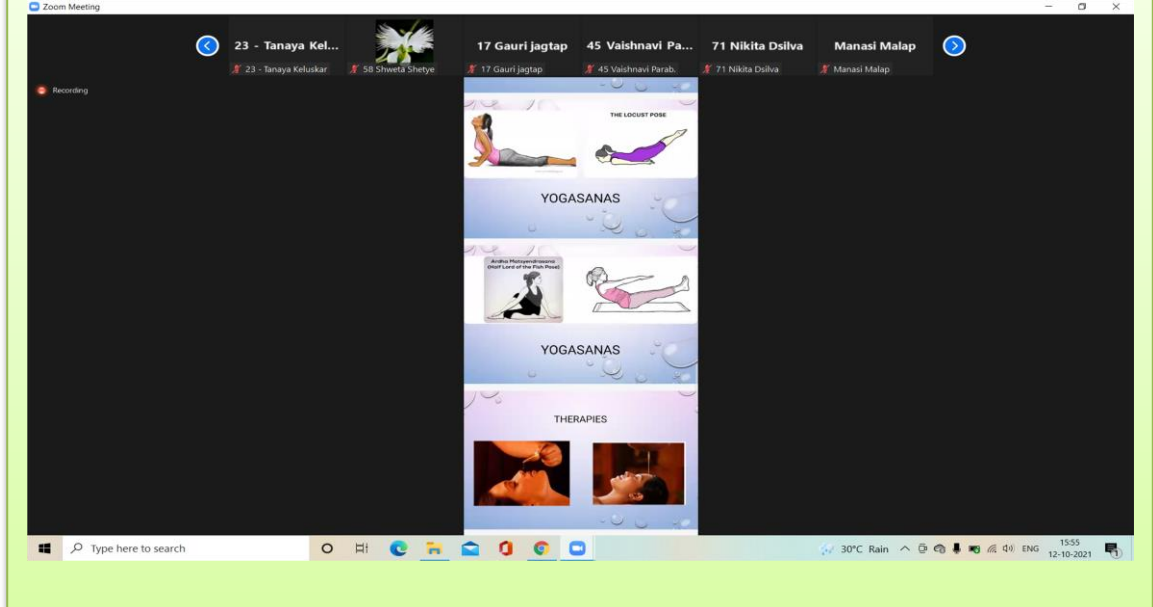
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Total 60 participants get benefited from the awareness webinar

Dr. Krupa Naik elaborating the role of yoga and Ayurved therapy in managing PCOD



Ms. Supriya B. Rawool
(NSS PO)

Mr. Aishwarya A. Parab
(NSS PO)

Dr. Vijay A. Jagtap
(Chairman of NSS-unit)