



14<sup>th</sup> November 2020

## WORLD DIABETES DAY

- ❖ Title : 'Diabetes Awareness Survey Activity'
- ❖ Organized by : NSS Cell of Yashwantrao Bhonsale College of Pharmacy
- ❖ Mode : Google form
- ❖ Date : 25<sup>th</sup> November, 2020
- ❖ Program co-ordinator :  
1. Ms . Supriya B. Rawool  
2. Mr. Mahadev H. Parab
- ❖ Program advisor : Dr. Vijay A. Jagtap

We cordially invite you to celebrate  
**DIABETES AWARENESS SURVEY ACTIVITY**  
Organized By  
**SENSE CLUB**  
**YASHWANTRAO BHONSALE**  
**COLLEGE OF PHARMACY**  
Sawantwadi, Sindhudurg, Maharashtra.

In collaboration with  
**YASHWANTRAO BHONSALE**  
**COLLEGE OF D. PHARMACY, Sawantwadi**  
On the occasion of

**WORLD DIABETES DAY**  
(14 November)

**25th**  
Nov.2020

• Link for the participation :-  
<https://docs.google.com/forms/d/1KUwNla0lQmd5EgC7QJERly9MEJCivRV-DrMYp8VGukg/edit>

Dr. VIJAY. A. JAGTAP  
Principal  
Yashwantrao Bhonsale  
College of Pharmacy

Mr. SATYAJIT P. SATHE  
Principal  
Yashwantrao Bhonsale  
College of D.Pharmacy

Mr. OMKAR M. PEDNSE  
HOD  
Yashwantrao Bhonsale  
College of Pharmacy

Ms. SUPRIYA B. RAWOOL  
Lecturer  
Yashwantrao Bhonsale  
College of Pharmacy

Ms. SAYALI S. PADWAL  
Lecturer  
Yashwantrao Bhonsale  
College of D.Pharmacy

**BKC**  
YASHWANTRAO BHONSALE COLLEGE OF PHARMACY  
Vazarwadi, Charathe, Tal. Sawantwadi. 416510. Dist. Sindhudurg. Maharashtra, India  
Phone: (02363) 272233/ 272299; Email: ybpharmacy@gmail.com

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## **Introduction:**

World Diabetes Day is the world's largest diabetes awareness campaign reaching a global audience of over 1 billion people in more than 160 countries. The campaign draws attention to issues of paramount importance to the diabetes world and keeps diabetes firmly in the public and political spotlight. It is marked every year on **14 November**, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922.

World Diabetes Day was created in 1991 by IDF and the World Health Organization in response to growing concerns about the escalating health threat posed by diabetes.

The campaign is represented by a blue circle logo that was adopted in 2007. The blue circle is the global symbol for diabetes awareness. It signifies the unity of the global diabetes community in response to the diabetes epidemic.

## **Objectives :**

1. To develop the patient counseling skill in students.
2. To aware the nearby local public about the Diabetes and its causes, control and prevention.
3. To promote the importance of taking coordinated and concerted actions to confront diabetes as a critical global health issue.

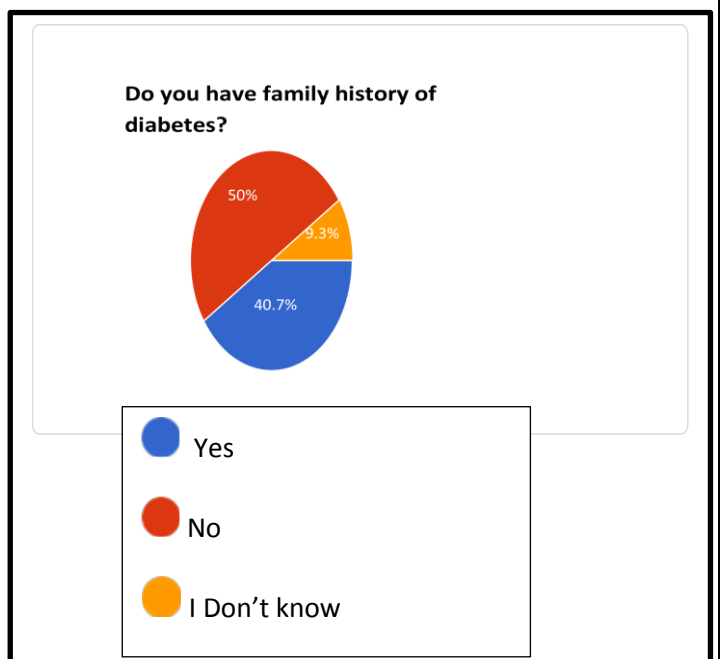
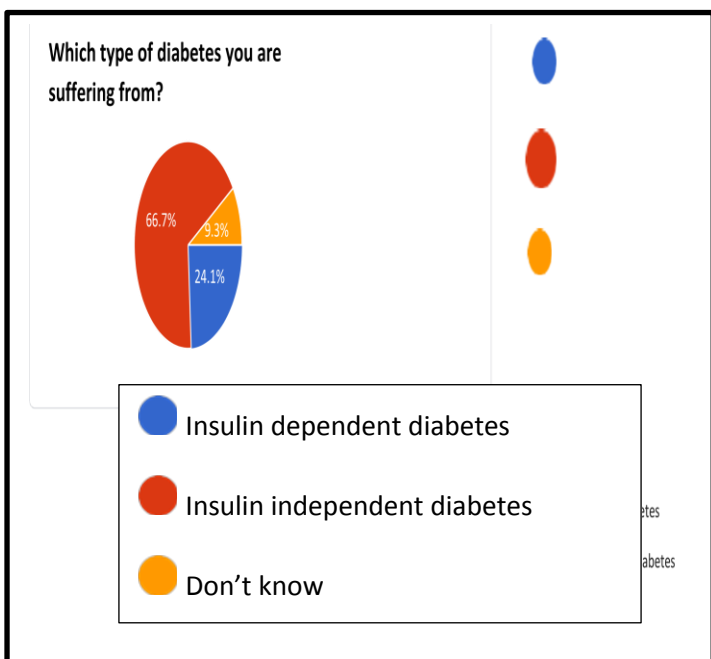
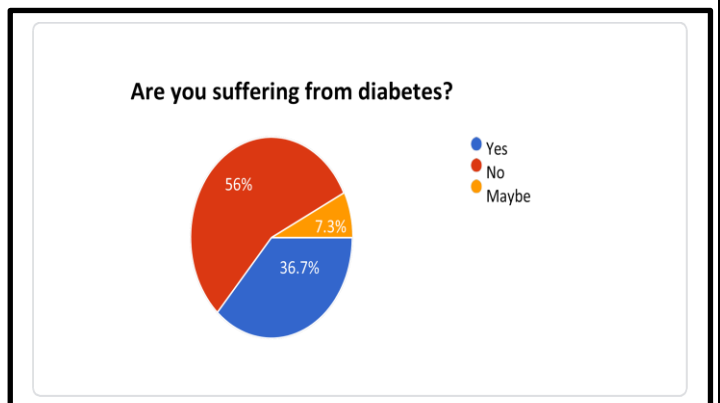
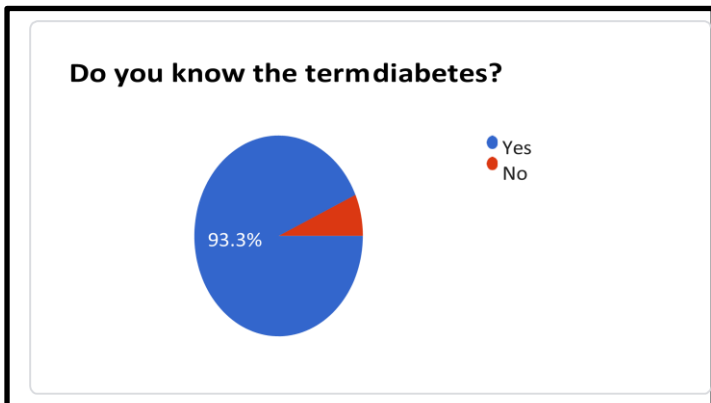
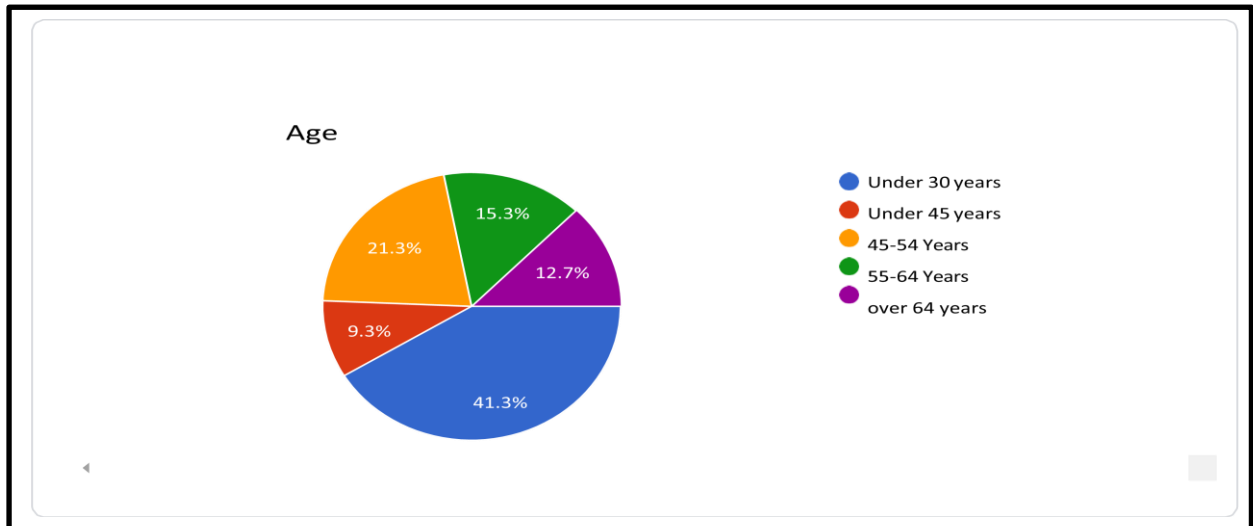
## **About the program :**

NSS Cell of Yashwantarao Bhonsale College of Pharmacy in collaboration with Yashwantrao Bhonsale College of D pharmacy has organized a '**Diabetes Awareness Survey Activity**' on the occasion of "World Diabetes Day" dated 14<sup>th</sup> November 2020.

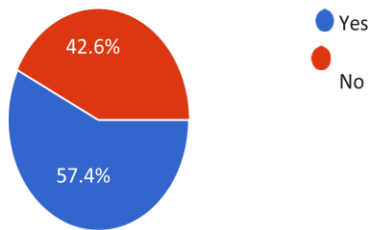
The committee designed a Google form which contains 4 personal questions and 16 survey related questions. Students had used online survey mode. Total 180 responses have been collected by committee, further the committee member analyzed the data to check the attainment of survey objectives.

Students filled the Google survey form by asking questions to the public nearby them by allowing the rules of social distancing and also counsel them about the Diabetes and its causes, prevention & control.

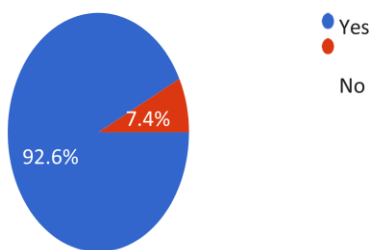
Hon. Dr. Vijay Jagtap sir Principal of YBCP has expressed social and academic agenda behind this survey with committee members. The questions asked in the survey and its analysis has been attached here along with this report for future reference.



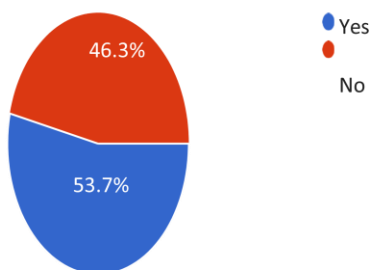
**In the last 12 months have you had a Urine test?**



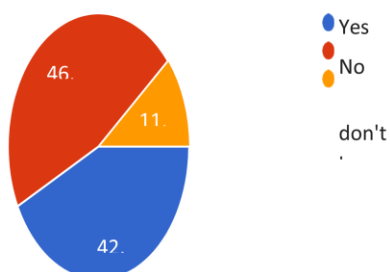
**In the last 12 months have you had a blood pressure test?**



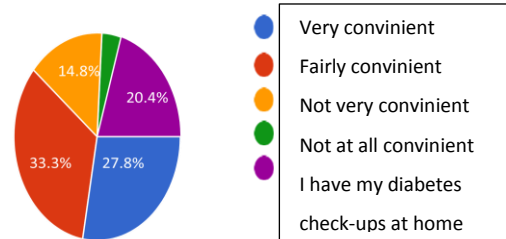
**In the last 12 months have you had a cholesterol test?**



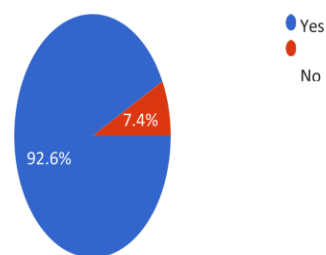
**In the last 12 months have you had a HbA1c test?**



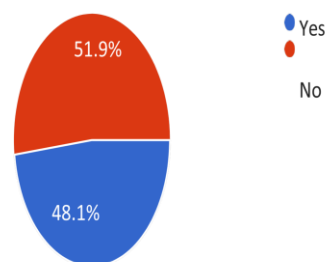
**How convenient is it for you to get your diabetes check-ups?**



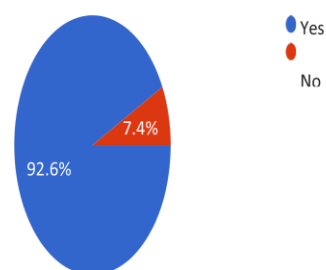
**Do you know enough about what you should eat to help manage your diabetes?**



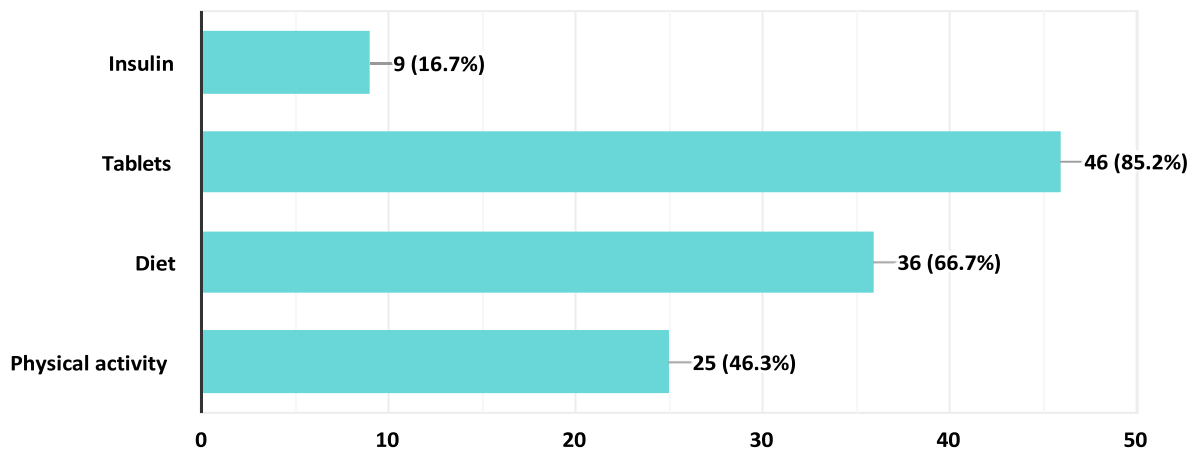
**Do you take any other medication for any other condition?**



**Do you know enough about what you should eat to help manage your diabetes?**



## How do you control your diabetes now?



### Conclusion of Survey:

After analyzing the survey data following outcome has been observed which are stated below:

1. There is 48% female participant participated in survey where only 52 % male participated in this survey. Out of which 20% are overweighted i.e suffering from obesity.
2. 36.7 % Peoples are suffering from diabetes and 7.3% peoples didn't know whether they have the diabetetic condition or not.
3. 67% Peoples are found to be suffering from Insulin dependent diabetes mellitus. However 10% peoples doesn't know whether they have type 1 or type 2 diabetes condition.
4. 40.7% Peoples have the family history of diabetes.
5. Approximately 45% peoples haven't test themselves for HbA1C , Cholesterol and blood glucose level.
6. Only 20% peoples have facility of home diabetes check-up.
7. At the end of the survey most important data that students are come across is more than 65% of peoples are controlling the diabetetic condition by controlling the diet.

After the question answer session students counseled the person/ patient in front of them and also distribute the pamphlet that mentioned the prevention and control of diabetes. It was given as a reminder and also as an awareness pamphlet.

The event was coordinated by Ms. Supriya Rawool (NSS Coordinator-Integrated D. Pharmacy, YBCP, Sawantwadi) and Mr. Mahadev H. Parab (NSS Coordinator-Integrated D. Pharmacy, YBCP, Sawantwadi).

**Ms. Supriya B. Rawool**  
**(NSS Coordinator)**

**Mr. Mahadev H. Parab**  
**(NSS Coordinator)**

**Dr. Vijay A. Jagtap**  
**(Chairman of NSS-unit)**

