

11th October 2020 INTERNATIONAL DAY OF GIRL CHILD

❖ Title : PCOS Awareness Webinar

❖ Topic : Polycystic ovary syndrome

❖ Organized by : NSS Cell of Yashwantrao Bhonsale College of Pharmacy

❖ Mode : Zoom application, Youtube live

❖ Date : 12th October, 2020

❖ Time : 03:00 PM − 05:00 PM

❖ Speaker : Dr. Bhakti D. Sawant

❖ Program coordinator : 1. Ms . Supriya B. Rawool

2. Mr. Mahadev H. Parab

❖ Program officer : Mrs. Ovi O. Paradkar

❖ Program advisor : Dr. Vijay A. Jagtap



Introduction:

United Nations General Assembly declared October 11 as the International Day of the Girl Child, to recognize girls' rights and the unique challenges girls face around the world. The International Day of the Girl Child focuses attention on the need to address the challenges girls face and to promote girls' empowerment and the fulfillment of their human rights.

Adolescent girls have the right to a safe, educated, and healthy life, not only during these critical formative years, but also as they mature into women. If effectively supported during the adolescent years, girls have the potential to change the world – both as the empowered girls of today and as tomorrow's workers, mothers, entrepreneurs, mentors, household heads, and political leaders. An investment in realizing the power of adolescent girls upholds their rights today and promises a more equitable and prosperous future, one in which half of humanity is an equal partner in solving the problems of climate change, political conflict, economic growth, disease prevention, and global sustainability.

Girls are breaking boundaries and barriers posed by stereotypes and exclusion, including those directed at children with disabilities and those living in marginalized communities. As entrepreneurs, innovators and initiators of global movements, girls are creating a world that is relevant for them and future generations.

The 2020 theme of International Day of the Girl is "My voice for our equal future."

Objectives:

- 1. To highlight the importance of Girl child day.
- 2. To discuss the health issues that now a days women are suffering from.
- 3. To understand the detailed about Polycystic ovary syndrome.
- 4. To introduce the solutions and therapy for various health issues of women.

About the program:

Virtual live webinar was organised by NSS Unit of Yashwantrao Bhonsale College of Pharmacy, Sawantwadi for the students of Yashwantrao Bhonsale College of Pharmacy (B. Pharmacy and Diploma Pharmacy) in the presence of Hon. Dr. Vijay A. Jagtap sir, Principal of Yashwantrao Bhonsale College of pharmacy & Mr. Satyajit Sathe, Principal of Yashwantrao Bhonsale College of D. Pharmacy on the occasion of 'International Day of Girl Child '(11th October) dated 12th October 2020 at 03.00pm – 05.00pm. The speaker for the webinar was Dr. Bhakti D. Sawant, MBBS, M.D (Gynecology), Bhakti Maternity Hospital, Sawantwadi.

The event was started with the good note by virtual lamp lightening. NSS Program officer Mrs. Ovi Paradkar delivered opening remarks for the session. Dr. Vijay A. Jagtap, Principal of YBCP along with Mr. Satyajit Sathe, Principal of YBCODP delivered the welcome address.

Dr. Bhakti Sawant gave the details about reasons of irregular periods, reasons of acne and facial hair growth & gaining weight in women. She nicely elaborated the concept of Polycystic ovary

syndrome and its therapy. Dr. Sawant also guided the students regarding the importance of diet in women's day to day life. All the doubts and queries of the students were solved by Dr. Bhakti on Polycystic Ovary Syndrome. At the end Mrs. Ovi Omkar Paradkar, NSS Program Officer concluded the session. Dr. Bhakti Sawant announced the best girl child- Mrs. Amita Parab from YBCP for her special achievements.

Ms. Saili Padwal Lecturer in YBCDP delivered the vote of thanks. E-certificates had been issued to the participants through NSS cell of Yashwantrao Bhonsale College of Pharmacy on successful attending the webinar.

The event was conducted through Zoom app & Youtube Live streaming. The event was coordinated By Ms. Ovi Paradkar (NSS program officer, YBCP, Sawantwadi), Ms. Supriya Rawool (NSS Coordinator-Integrated D. Pharmacy, YBCP, Sawantwadi) and Mr. Mahadev H. Parab (NSS Coordinator-Integrated D. Pharmacy, YBCP, Sawantwadi).

Statistical analysis:

Sr. no	Category	No. of participants benefitted
1	Speaker	1
2	Students	450
3	Faculty	12

Report prepared by: Ms. Supriya B. Rawool (NSS Coordinator)

Kaleidoscope Edited by: Mrs. Ovi O. Paradkar (NSS Program Officer)

Mr.Mahadev Parab /

Ms. Supriya Rawool Mrs. Ovi O. Paradkar Dr. V.A. Jagtap

NSS-Coordinator NSS-Program Officer NSS - Chairman & Principal











